

Recordwedstrijd KAZS: Session: 1: COACH evaluation sheet for TEAM: ZORO

Coachinfo: Warming up from: 16:00 untill 16:55. Teamleadmeeting @ 16:15 The listed starttimes are indicative!

Coaches: Van Eylen Thomas HEADCOACH

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 400M FREESTYLE WOMEN 11+							Heat:1, starttime: 17:00	
Heat: 1/1 Lane : 6 Athlete: BOXHO ALICE							Q-time: 04:57:48	
PB (25m pool): 04:57.48 Aarschot 04/05/2025			PB (50m pool): no time SB: 04:57.82 Heist-op-den-Berg 10/01/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:10.36		no time		02:26.44
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		04:57.48
								

Coach feedback:

Event number: 3: 400M MEDLEY WOMEN 11+							Heat:1, starttime: 17:25	
Heat: 1/1 Lane : 6 Athlete: DE CORTE ALIX							Q-time: 05:39:56	
PB (25m pool): 05:39.56 Overijse 29/11/2025			PB (50m pool): no time SB: 05:39.56 Overijse 29/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:35.16		01:16.70		no time		no time
	00:35.16		00:41.54					
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:39.56
								

Coach feedback:

Event number: 6: 50M BUTTERFLY MEN 11+										Heat:3, starttime: 17:35		
Heat: 3/3 Lane : 4 Athlete: EUGENE FELIX									Q-time: 00:27:64			
PB (25m pool): 00:27.64 Stedelijk Zwembad Geel 15/02/2026										PB (50m pool): 00:27.69 SB: 00:27.64 Stedelijk Zwembad Geel 15/02/2026		
	2 5 M		5 0 M									
PB			00:27.64									
			00:27.64									
												

Coach feedback:

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Event number: 7: 100M FREESTYLE WOMEN 11+					Heat:3, starttime: 17:40
Heat: 3/3 Lane : 3 Athlete: GAYTANT MIRTHE					Q-time: 01:00:17
PB (25m pool): 01:00.17 Herentals 09/05/2026					PB (50m pool): 01:01.46 SB: 01:00.17 Herentals 09/05/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.17		01:00.17	
	00:29.17		00:31.00		
					

Coach feedback:

Event number: 7: 100M FREESTYLE WOMEN 11+					Heat:3, starttime: 17:40
Heat: 3/3 Lane : 4 Athlete: GAYTANT STERRE					Q-time: 00:57:56
PB (25m pool): 00:57.56 Gent 09/11/2025					PB (50m pool): 00:58.33 SB: 00:57.56 Gent 09/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:27.46		00:57.56	
	00:27.46		00:30.10		
					

Coach feedback:

Event number: 8: 100M FREESTYLE MEN 11+					Heat:3, starttime: 17:45
Heat: 3/4 Lane : 4 Athlete: EUGENE FELIX					Q-time: 00:55:79
PB (25m pool): 00:55.79 Stedelijk Zwembad Geel 15/02/2026					PB (50m pool): 00:58.01 SB: 00:55.79 Stedelijk Zwembad Geel 15/02/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:27.03		00:55.79	
	00:27.03		00:28.76		
					

Coach feedback:

Event number: 15: 200M BUTTERFLY WOMEN 11+							Heat:1, starttime: 18:10	
Heat: 1/1 Lane : 2 Athlete: BOXHO VALENTINE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

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Event number: 15: 200M BUTTERFLY WOMEN 11+							Heat:1, starttime: 18:10	
Heat: 1/1 Lane : 3 Athlete: GAYTANT STERRE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 15: 200M BUTTERFLY WOMEN 11+							Heat:1, starttime: 18:10	
Heat: 1/1 Lane : 5 Athlete: GAYTANT MIRTHE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 15: 200M BUTTERFLY WOMEN 11+							Heat:1, starttime: 18:10	
Heat: 1/1 Lane : 6 Athlete: BOXHO ALICE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 15: 200M BUTTERFLY WOMEN 11+							Heat:1, starttime: 18:10	
Heat: 1/1 Lane : 7 Athlete: DE CORTE ALIX							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Recordwedstrijd KAZS: Session: 1: COACH evaluation sheet for TEAM: ZORO

Event number: 16: 200M BUTTERFLY MEN 11+							Heat:1, starttime: 18:35	
Heat: 1/1 Lane : 4 Athlete: EUGENE FELIX							Q-time: 99:99:99	
PB (25m pool): 02:39.46 LEUVEN 05/05/2024				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		02:39.46
	no time							
								

Coach feedback:

Event number: 19: 50M FREESTYLE WOMEN 11+							Heat:2, starttime: 18:50		
Heat: 2/3 Lane : 2 Athlete: BOXHO VALENTINE							Q-time: 00:29:78		
PB (25m pool): 00:29.78 Overijse 29/11/2025				PB (50m pool): 00:29.68 SB: 00:29.78 Overijse 29/11/2025					
	2 5 M		5 0 M						
PB			00:29.78						
			00:29.78						
									

Coach feedback:

Event number: 20: 50M FREESTYLE MEN 11+							Heat:4, starttime: 18:55		
Heat: 4/4 Lane : 7 Athlete: EUGENE FELIX							Q-time: 00:25:47		
PB (25m pool): 00:25.47 Stedelijk Zwembad Geel 15/02/2026							PB (50m pool): 00:26.15 SB: 00:25.47 Stedelijk Zwembad Geel 15/02/2026		
	2 5 M		5 0 M						
PB			00:25.47						
			00:25.47						
									

Coach feedback:

Event number: 23: 50M BREASTSTROKE WOMEN 11+							Heat:1, starttime: 19:05	
Heat: 1/3 Lane : 4 Athlete: BOXHO VALENTINE							Q-time: 00:41:73	
PB (25m pool): 00:41.73 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): 00:41.04 SB: no time								
	2 5 M		5 0 M					
PB			00:41.73					
			00:41.73					
								

Coach feedback:

Recordwedstrijd KAZS: Session: 1: COACH evaluation sheet for TEAM: ZORO

Event number: 23: 50M BREASTSTROKE WOMEN 11+										Heat:3, starttime: 19:05	
Heat: 3/3 Lane : 2 Athlete: GAYTANT MIRTHE									Q-time: 00:35:58		
PB (25m pool): 00:35.58 Herentals 09/05/2026					PB (50m pool): 00:37.25 SB: 00:35.58 Herentals 09/05/2026						
	2 5 M		5 0 M								
PB			00:35.58								
			00:35.58								
											

Coach feedback:

Event number: 35: 4x100M FREESTYLE WOMEN 11+							Heat:2, starttime: 20:00	
Heat: 2/2 Lane : 5 Athlete: TEAM ZORO 1							Q-time: 04:03:50	
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB								
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB								
								

Coach feedback: